

**Sensori-neural hearing loss can be prevented** - with proper testing, equipment and training. This course emphasizes the importance of utilizing hearing protection both on and off the job.

Employees are trained in the importance of selecting the right type, fit and proper use of hearing protection for the particular job they are doing.

This course covers the following modules in compliance with the Hearing Conservation & Noise Control Regulation.

- **Noise Exposure**
  - Effects on the ear
  - Critical decibel level
  - Consequences of excessive noise
- **Hearing Conservation Program**
  - Training, monitoring and testing
  - Noise control
- **Hearing Protection Devices**
  - Types of devices
  - How to fit the devices
  - Maintenance and care
- **Real-Life Situations**

**Avoid the dangers of electrical contact!** This in-depth course is designed to introduce workers to the principles of electricity, show them how to avoid the dangers of electrical shock and explain correct responses to electrical emergencies.

Course content includes a Real-Life Situation simulation and a course certificate upon completion.

- **Electrical Safety**
  - How electricity works
  - Types of electrical circuits
- **Electrical Hazards**
  - Short Circuits
  - Response to electrical lines
  - First-aid procedures
- **Engineering Controls**
  - Procedures and equipment
  - Proper grounding techniques
  - Circuit - protection devices
- **Safe Work Practices**
  - Lockout / Tagout
  - Working on energized circuits
  - Identifying exposed live parts
  - Maintaining a safe workplace



## CD-ROM Safety Training



*"Practical Solutions for a Safer  
Workplace"*

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***Come out ALIVE!*** Protect your employees from the dangers of working in confined (permit) spaces. Working in confined spaces can be extremely dangerous, however, hundreds of needless injuries and deaths can be avoided if workers are properly trained.

Topics covered in this course include:

- **Permit Spaces**
  - What is a permit-required confined space?
  - Permit space hazard identification
- **Permit Space Program**
  - Refining permit-required confined space program
  - Entry permit system
- **Hazard Control**
  - General methods
  - Atmospheric testing
  - Ventilation
- **Safety Equipment**
  - Personal protective equipment (PPE)
  - Communication equipment
  - Rescue equipment
  - Other safety equipment
- **Entry Team Duties**
  - Entry supervisor, attendant, entrant, teamwork

***Everyday someone is killed or seriously injured in an accidental fall.***

The basic rules of Fall Protection at your job leads you to the edge. Use the right Fall Protection system for your organization.

Course content includes a Real-Life Situation simulation and a course certificate upon completion.

- **Fall Arrest Systems**
  - Fall arrest system basics
  - Body harness
  - Life Lines
  - Languages and deceleration devices
  - Connectors
  - Anchorage & Tie-off
- **Fall Prevention**
  - Positioning device systems
  - Ladder safety
  - General safety precautions
- **Equipment Maintenance**
  - Cleaning & Storage
  - Inspection
- **Emergency Rescue Procedures**
- **Real-Life Situations**

***Know the Rules!*** Every day people are hurt, even killed in forklift accidents. This program is designed to qualify experienced forklift operators in compliance with the Workplace Safety & Health Regulation and the new Code of Practice for the Safe Operation of Powered Lift Trucks that came into effect in January, 1999.

No worker shall operate a powered lift truck unless the “Employer” issues a certificate to the worker allowing him/her to do so.

- **Fundamentals**
  - Design, components, inspection
- **Operating Basics**
  - Preparation, avoiding hazards
  - Proper lifting
- **Moving With A Load**
  - Tall loads & dangerous surfaces
  - Docks & ramps, emergency situations
- **Setting the Load Down**
  - Lowering & placing the load, parking
- **Real-Life Situations**
- **Practical Inspection & Test**