

TRAINING SEMINAR SCHEDULE

COURSE	TIME	NOVEMBER	DECEMBER	JANUARY
PRINCIPLES OF SAFETY MANAGEMENT	8hr	10 – W 9 – B	8 – W 7 – B	4 – W 11 – B
LEADERSHIP FOR SAFETY EXCELLENCE	16hr	8 & 15 – W 25 (DAY 1) – W 30 (DAY 1) – B	2 (DAY 2) – W 14 & 22 – W 1 (DAY 2) – B 21 & 22 – B	6 & 13 – W 25 & 26 – B
SAFETY AUDITOR TRAINING	8hr	18 – W 16 – B	16 – W 14 – B	18 – W
SIMPLIFIED SAFETY	8hr	3 – W	20 – W	13 – B
WHMIS TRAIN-THE-TRAINER	8hr	1 – W 22 – W	10 – W 16 – B	11 – W 20 – B
LOCKOUT TAGOUT	4hr			
TRANSPORTATION OF DANGEROUS GOODS	4hr	19 – W	15 – W	
FIRST AIDER 1/CPR	8hr	17 – W		
FALL PROTECTION	8hr			
CONFINED SPACE AWARENESS	8hr	30 – W		
LEGISLATION 101	4hr			14 – W
PRIME CONTRACTOR RESPONSIBILITIES	hr			
SAFETY REP. AWARENESS	4hr	5 – W		21 – W
SAFETY ADMINISTRATION	4hr			
CSO EXAM	4hr			

- W = Winnipeg, B = Brandon, T = Thompson, P = The Pas
- All courses include coffee and doughnuts. Full days include lunch.

Workplace Safety & Health Division

TOP TEN LIST According to a recent review of construction statistics, the most recent cited improvement orders for the last quarter are as follows:

1. Fall Protection
2. Personal Protective Equipment
3. Machine/tools Guarding
4. Electrical Safety
5. Safe Work Procedures
6. Scaffolds & Elevated Platforms
7. Supervision-Duties
8. Fire & Explosion
9. First Aid
10. Cranes & Hoisting -storage of materials

NEW CSAM VEHICLES



INTRODUCING THE 5 TOOLS OF HEARING CONSERVATION



New CSAM Dosimeters receiving their 1st Charge in preparation of serving your needs

With one of the Dosimeters available to you, you can assess and determine a worker's daily exposure to noise levels. This information and the report provided to you can be used to ensure compliance with WSH Regulation and to determine if hearing conservation programs are needed for your company.

As required by Manitoba Legislation, ANY workplace in which a worker is or is likely to be exposed to noise in excess of 80dBA must conduct a proper "Noise Exposure Assessment" and depending upon what the reported average noise is, a Hearing Conservation Program must be developed.

Measuring noise in the workplace is an important element of hearing conservation programs – and it is your very first step.

Your Construction Safety Association of Manitoba has purchased 5 additional Dosimeters for construction employers to borrow FREE of charge.

Practical Solutions for a Safer Workplace

CONSTRUCTION SAFETY ASSOCIATION OF MANITOBA

Fall 2010 Newsletter

Contact your CSAM for information on how you can become COR™ Certified or any other inquiries.

WINNIPEG: 204.775.3171

BRANDON: 204.728.3456

www.constructionsafety.ca

Proud Supporters of



WELCOME TO THE PROGRAM ALEESHA!!

With an award winning smile, boundless energy and a positive attitude, it is our pleasure to Welcome Aleesha Day to the position of Administrative Assistant for our Winnipeg Office. Along with her excellent personal characteristics, Aleesha's comprehension abilities, organizational skills and attention to detail will be a great addition to our team.

Let it Snow... Let it Snow... Let it Snow...

As unpalatable as it is to think about winter, it is just around the corner. With cold weather approaching, so is a wide spectrum of associated hazards.

Special considerations must be are required to deal with weather extremes such as cold temperatures, ice, snow, sleet, high winds and freezing rain as they present potential hazards for workers operating in already hazardous environments.

A few questions that can help you prepare in protecting yourself and fellow workers as the weather changes:

- Have all tasks that involve exposure to cold been identified? In construction hazard assessments are to be done prior to work commencing and/or when conditions change. As fall progresses to winter, conditions may change daily or more and hazards must be assessed and controlled accordingly.
- Has specialized PPE been provide and workers been trained in the use of PPE specific to cold weather work? It is the



responsibility of the EMPLOYER to provide all specialized PPE to ensure the safety and health of his/her workers. This may include, lined gloves, face and head warmers, or hardhat liners etc.

- Do workers know how to identify the symptoms of frost nip, frost bite or

hypothermia? Every employer is responsible to train workers in the hazards they may be exposed to and all controls in place for those hazards. This in part would inform workers on how to identify symptoms and how to administer initial first aid as well.

- Are pathways, entrances and exits and equipment areas kept free of snow, ice or mud accumulations? Poor housekeeping and Slips trips and falls are the number one root cause incidents at the worksite. Hazard assessments and inspections, formal and informal as well as tailgate meeting will help identify troubled areas and provide communication to all workers.

Cold weather and environmental changes provide us with challenges at our worksites but can also be used as an opportunity. The raised safety awareness necessary to identify, communicate and control these unique hazards will help elevate site safety and overall worker performance year round.



THE 22ND ANNUAL
MANITOBA CONSTRUCTION CONFERENCE
FEBRUARY 1ST & 2ND WINNIPEG CONVENTION CENTRE **2011**

HOLD ON TO YOUR HARD HATS AND GRAB YOUR PASSPORT.

It's almost time for the BEST Safety, health and environment event in Canada!

The 22nd annual Manitoba Construction Conference is scheduled for February 1 & 2, 2011. All indications for this year's event point to another fantastic conference. "Every single year our goal has been to improve on our past success," says Sean Scott, Executive Director of the Construction Safety Association of Manitoba and Conference Co-Chair for the last nine years

Register Early to experience Canada's BEST safety health and environment conference! Your Satisfaction is out top priority—personalized materials, quality workshops, inter-provincial instructors, hot-catered three course lunch, free tradeshow, free t-shirt, free refreshments, prizes... you too will agree that Manitoba Construction Conference is second to none!

More Details inside!

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Human beings can alter their lives by altering their attitude. —William James

THE 5 W'S OF RETURN TO WORK

Although Manitoba's construction has been steadily decreasing the frequency and severity of Lost Time Incidents, there are still a large number of them happening. A very effective method of trying to control associated costs and most importantly improve the odds of a workers recovery is with an effective Return to Work program.

Return to Work is a program intended to provide injured workers who are unable to perform their normal duties, with alternative or modified work. RTW is intended to both accommodate and transition an injured worker back into the workplace earlier and safely. An effective RTW program is hugely important in helping a worker recovery and in managing a company's WCB costs.

NOTE: Effective January 1st, 2007 Return to Work became mandatory under section 43 of the Workers Compensation Act: ALL companies who employ 25 or more full time or regular part time employees (employed continually for the past 12 months), must establish a written Return to Work program. However, remember that the LAW is the minimum standard, and that it is simple good practice to have a RTW program regardless of size.

The following 5 w's will give you a better understanding of Return to Work.

WHO The Return to Work program affects every employee from the owner and CEO to the General laborers. Under the Worker Compensation Act, it is mandatory for any company who has 25 or more full time or regular part time employees who have been continually employed for the past 12 months, establish a written Return to Work Program. For any company who has less than 25 employees, it is not required but it makes good business sense to develop one. A successful Return to Work Program will help to build better relationships between management and the workers.

WHAT Return to Work is a limited time process used to manage workers disabilities and develop or designed limited time work until the injured worker can return to their normal or "pre injury" duties as soon as medically possible. Return to Work helps companies to reduce costs and helps experience workers to reconnect with the workplace. It also helps the injured worker feel less stressed and more certain about their future with the company.

WHERE Every company should developed a Return to Work. The key is with your company to ensure that it is successful. By developing a "safety culture" within the company and training workers in Return to Work, will ensure the success of the program.

A Return to Work Committee should be developed and the names of the workers be posted or made readily available for all workers knowledge.

WHEN A Return to Work program should be established as soon as possible. With any new program training will be required so all workers understand the importance and follow the proper steps if the need was to arise. Depending on the severity of the injury, it is in the workers best interests to return the worker and start them on "light duties" as soon as possible. Answering phones, filing, Estimating, and taking inventory are a few examples of light duty work. Return to Work became mandatory as of January 1st 2007 so if your company has over 25 employees it's a good idea to developed one.

WHY After reading the first 4 W's, many companies may still ask why should I develop this program. Well besides it being mandatory by law, it also makes good business sense. Every companies goals are to save money and raise more. A successful Health and Safety Program accompanied with a successful Return to Work program will ensure that your company will achieve these goals and become profitable.

If you have any additional questions in regards to Return to Work contact CSAM at 775-3171.



LEADERSHIP LUNCHEON SAFE LEADERSHIP A LEADERSHIP APPROACH TO PREVENTION



DOUG SEXSMITH,
CEO OF THE WCB.

The concept of safety in the workplace has come a long way over the last 30 years. Occupational leaders around the world are now identifying safety as an essential component to any workplace. Sadly, injuries and deaths are still happening and there is a lot of work left to do in building safer workplaces.

Doug Sexsmith, CEO of The WCB, will explain the critical role of leadership in workplace safety. Emphasis will be placed on how to cultivate a safety culture, the value of return to work programs in the construction industry, and how to be the SAFE leader you need in your workplace. You will learn how far your industry has come in cultivating a safety culture and how you can contribute while reducing costs and maximizing productivity.

All workplace injuries are preventable. Injury prevention in your workplace begins with you.

NEAR MISS REPORTING 'NOT JUST ANOTHER FORM TO FILL OUT'



Prevention is one of the key elements when dealing with occupational health and safety. In trying to anticipate potential hazards and developing control measures for them, near miss reporting is an excellent tool available to us in achieving this prevention. When used affectively and responsibly, it becomes clear just how beneficial it is.

Using the past to protect the future is in essence, what near miss reporting is all about. If it was possible to calculate and document every situation where there was potential for harm or damage, including the ability to get that information to others in similar circumstances, we can only imagine how many incidents could be avoided. The key to a successful near miss reporting program is involvement, planning, and consistency.

INVOLVEMENT: The first step is to create a culture that understands and shares the same ideas starting from owners, management and supervisors down to every employee in the company. This foundation allows for a full appreciation and commitment from everyone. It will also help to alleviate the feeling that safety reporting is restricted to isolated incidents on the worksite or placing responsibilities on select individuals. It will then be established as an overall team effort with contribution from all. It is important to not limit near miss reporting as a responsibility of workers only. Near misses can occur anywhere at any time. One person's idea of a near miss may not be viewed the same through another individual's eyes. That's why it's important to insure confidence and positivity through a group effort. Collecting and tracking near misses will aid in identifying trends, unsafe practices or habits, communication issues and concerns you may not even have known existed.

PLANNING: When planning a trip, we don't plan on getting a flat tire, yet we make sure we have a spare. Just like an effective near miss, we try to cover all angles as best we can. We've all heard time and time again, planning is the map you create to get to your desired destination. A good plan requires all information necessary to establish a system that will work for the environment you're in. Obtaining and sharing this information is critical, as you never know where important information may come from. Safety meetings, tool box talks, inspections, and job hazard analysis are all excellent formats for discussion. The plan should include a system that provides a clear message when circulating ideas based on the fundamentals for near miss reporting. When everyone has a solid grasp of these fundamentals, you can then move forward with how you will collect and share this crucial data.

CONSISTENCY: As with any good plan, program, or routine, consistency is essential. Maintaining this consistency requires attention to detail. This consistency relies not only on the near miss report itself, but also the manner in which you follow up and follow through after receiving the reports. You can report as many near misses as you want, but without using this information properly for future avoidance, we are only doing part of the process. Therefore, keep everyone informed on where their near miss reports are within the system and help maintain a level of communication needed for an effective consistency.

Companies' near miss reporting processes can be as unique as the people involved. So the process you use to create involvement should be based on a structure that works for you. Examples include: incentives, conditions of employment, individual and group benefit packages, prizes, and ensuring that no disciplinary action is taken on those who report. The choice, as is always the case, is yours.

Congratulations to our New COR™ Members

10 YEARS COR™ CERTIFIED



Bird Construction Company-Decade of Safety

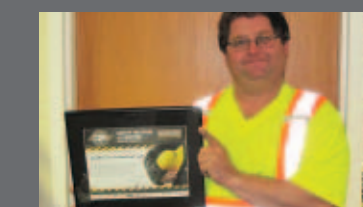
The COR™ Certificate of Recognition is endorsed by the Manitoba Workplace Safety and Health Division. It is the ultimate distinction to verify construction companies who have implemented a comprehensive safety program. For more information on becoming COR™ Certified, please visit our website www.constructionsafety.ca or contact our office(s).



B+B Dynamo & Armature Ltd & KVA Dynamo Inc



Ballingall Brothers Ltd.



Bonneville Transport Ltd.



Connotec Inc.



Contec Projects Ltd.



Diaser Management (2006) Ltd.



Forest Park Electric (1997) Ltd.



Global Electric Ltd.



K. Sleva Contracting Ltd.



Keystone Contractors & Builders



Les Thomson Ltd.



Meseyton Construction Ltd.



Miller Equipment 2005 Inc.



Skyhigh Canada.



Visual Impressions Painting and Decorating



WinnPro Construction Ltd.



THE 22ND ANNUAL MANITOBA CONSTRUCTION CONFERENCE FEBRUARY 1ST & 2ND WINNIPEG CONVENTION CENTRE

LAST YEAR SOLD OUT!
REGISTER EARLY!
www.constructionconference.ca

THE MAIN OBJECTIVE OF THIS CONFERENCE

- 29 workshops to choose from
- Selected hands on demonstrations
- Certificates of attendance/training issued
- Safety Passport and/or seals issued
- Major tradeshow exhibit
- Personalized agenda and registration kit
- Free t-shirt with registration

- Complimentary coat check
- Free coffee and refreshments
- Free three course lunch
- Lunch entertainment
- Major passport prize draws
- Spot prizes during all coffee breaks
- Leadership Luncheon

HIGHLIGHTS

- View the latest clothing and PPE
- Source new suppliers
- View construction equipment/machinery on display
- Discuss your workplace safety and environmental changes with a specialist

The prevention of incidents, injuries and loss. Co-hosted by the construction-industry funded safety programs, it is part of our effort at meeting the need for increased education and training for all persons involved at the workplace. Manitoba has responded positively to the promotion of a safe workplace and we anticipate this to continue.

We look forward to seeing you!

www.constructionconference.ca

Every single year the Manitoba Construction Conference has grown to surpass its record breaking numbers. Last year's conference had an attendance of 2,400 participants; 70 exhibitors; 53 instructors; 63 corporate sponsors and numerous guests. All indications for this year's conference

suggest it to be even bigger and better! Register online to receive the fantastic price of \$110.00 plus tax for One day, \$195.00 plus tax for two days. Registrations received by fax or mail will be charged the price of \$160.00 plus tax for one day and \$270.00 plus tax for two days.