

Flu Facts

Did you know???

- You need to get a flu shot every year. The protection provided by the influenza vaccine is only good for one flu season
- The viruses in a vaccine change every year based on international surveillance and research
- Influenza can result in pneumonia, bacterial infections, hospitalization and death. Between 4,000 and 8,000 Canadians die each year as a result of complications related to influenza (but not the flu itself)
- This year's flu shot will immunize against the H1N1 strain, and is being made available at no charge to all Manitobans

You are at risk of contracting influenza if:

- You are 65 years or older
- You are a resident of a personal care home / long term care facility
- You are a child between 6 months and 4 years
- You live with chronic illness
- You are pregnant
- You are a health care worker / first responder
- You are of Aboriginal ancestry
- You are severely overweight / obese

Starting in October of 2010, the flu shot will be available at public health clinics and by primary health care providers. Contact your local public health office for specific dates and locations.

Info provided by: <http://www.gov.mb.ca/health/flu/index.html>

Construction Safety Officer (CSO)

The objective of the Construction Safety Officer (CSO) program is to provide verification of a **nationally recognized** level of competency in relation to construction safety. The CSO program provides practical training in various construction safety management skills and principles.

Those who achieve their CSO designation will have a combination of formal training and minimum 3 years practical field experience in the safety/construction industry. These individuals are recognized as being a valuable resource to management in the administration and implementation of a company's safety program.

The next CSO exam will be held in Brandon and Winnipeg on Wednesday, October 20, 2010. If you are interested in writing the exam and obtaining your designation, please contact Marla in Winnipeg: marla@constructionsafety.ca or Jennifer in the Westman area: jennifer@constructionsafety.ca



COR™ Certification - THE Standard for Safety!

The COR™ Certificate of Recognition is the ULTIMATE distinction to construction companies who have implemented a comprehensive safety program. Now more than ever, other industries are obtaining COR™ Certification – a NATIONALLY recognized standard of safety excellence, for every industry!

Your Construction Safety Association of Manitoba is pleased to recognize the following companies in the Westman area on their recent COR™ Certification!



Miller Equipment 2005 Inc. – Brandon
(Associate Members)

Skyhigh Canada – Brandon
(Associate Members)

Keystone Contractors & Builders – Brandon

From Left: Shauna Fehr, Al Trotz, Sam Zurawski

From Left: Dick McCallum (CSAM), Jeff Ross

From Left: Bob Peters, Corey Peters, Monique Denslow, Lawrence Peters, Mike Peters

To find out more about COR™ Certification, please contact our office in Brandon (204) 728-3456 or Winnipeg (204) 775-3171, or visit our website: www.constructionsafety.ca

Upcoming Training:

Principles of Safety Management – Tuesday, October 5	8:30 a.m. – 4:00 p.m.
Simplified Safety – Thursday, October 7	8:30 a.m. – 4:00 p.m.
Safety Auditor Training – Tuesday, October 12	8:30 a.m. – 4:00 p.m.
WHMIS / Train the Trainer – Thursday, October 14	8:30 a.m. – 4:00 p.m.
Leadership for Safety Excellence – Monday, October 18 and Tuesday, October 19 (2 day course)	8:30 a.m. – 4:00 p.m.

Please visit our website for more information or to register online: www.constructionsafety.ca

HAVE A SAFE MONTH!

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