



Corporate Safety & Health
Safe Work Procedure

EXPOSURE TO BLOOD AND BODILY FLUIDS

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SCOPE: WHEN WORKER IS ADMINISTERING FIRST AID TO AN INJURED PARTY AND THERE IS EXPOSURE TO BLOOD AND/OR BODILY FLUIDS

HAZARDS PRESENT

- Blood borne pathogens
- Slips and trips

PERSONAL PROTECTIVE EQUIPMENT, DEVICES AND TOOLS

- First aid kit
- Disposable respiratory device
- Latex or vinyl gloves

PREQUEL -

- Be aware of congestion in the work area and proper body mechanics.
- **Secure the area to prevent further injury or damage and call for emergency assistance as identified in your first aid training.**

PROCEDURE

1. Assess the work area
 - Visually inspect and remove any other hazards prior to entering scene.
2. Call for additional help if required
3. Obtain first aid kit and use latex/vinyl gloves. Any other persons offering first aid assistance should be provided with the appropriate personal protection.
4. Administer appropriate first aid.
 - If providing mouth to mouth cardiopulmonary resuscitation use the disposable respiratory device from the first aid kit.
 - When possible encourage bleeding at the injured site and wash area well with soap and warm water.
5. Have injured person transported to medical facilities as required.
6. After any contact with blood or bodily fluids, thoroughly wash hands with soap and water.
7. Clean up contaminated area.
 - Use absorbent disposable towels to clean any blood/ bodily fluids. Place any found sharps into a designated sharps container.
 - Place all contaminated materials into disposable plastic bags.
 - Wash down area and any contaminated equipment using solution of one part household bleach and nine parts of water.
 - Allow area to air dry.
 - If mops or other cleaning devices are used, they should be thoroughly washed in soap and water and dried before re-use.
 - Remove any contaminated clothing and wash in the usual fashion.

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For further information, please contact: Safety Policies, Publications, and Training Department 204-360-7358.

EXPOSED TO BLOOD AND BODILY FLUIDS

- Thoroughly wash hands with soap and water.
8. If anyone becomes exposed to blood or bodily fluids, get first aid immediately and flush the contaminated area thoroughly with water.
 9. If significant exposure occurs, seek medical attention within two hours and notify your supervisor of the exposure.

REFERENCE DOCUMENTS	
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| • Managing Exposure to Human Blood/ Body fluids | • Workplace Safety & Health Regulation 217/2006 36.3(a) |
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