

Safe Work Procedures

Operating Aluminum Extension Ladders

Identified hazards: Falls, electrocution, rope burns, moving parts

Required PPE: Safety footwear, hard hat, gloves,

1. Follow safe work practices at all times.
2. Ensure worker is properly trained.
3. Follow safety procedures as per the manufacturer's specifications.
4. Wear all required PPE.
5. Inspect equipment to ensure it is in good condition.
6. Ensure set up area is level and clear of debris.
7. Watch for overhead power lines or any other obstructions.
8. Maintain a 3 point contact when climbing up or down a ladder where practicable.
9. Secure the ladder at the top and bottom to ensure stability.
10. Never put arms, hands or feet through the rungs when using the rope extension pulley.
11. Use caution when using the rope pulley to avoid hand burns.