

SAFE JOB PROCEDURE

Job Description: Self – Retractable Lifelines

Hazards Present: Fall from heights, Strains, Impact injuries from fall.

PPE Required: Fall Protection (full body harness) (no lanyard to be worn when hooked up to retractable lifelines)

Note: Operators of equipment must be trained and deemed competent, must demonstrate operational competency and/or have received approval from their immediate supervisor. Operators must wear the proper PPE as required and be familiar with the location of the use of a fire extinguisher.

SAFE JOB PROCEDURE

1. Conduct a pre-shift inspection before every use

Check that:

- ✓ The certification date on the label is current.
- ✓ The red warning indicator on the hook linkage is not deployed.
- ✓ The hook-retaining bolt on the indicator is not worn or deformed.
- ✓ The hook is free to swivel on the linkage.
- ✓ The snap hook opens and closed freely. The gate must remain locked when closed.
- ✓ The housing of the device is free of cracks, damage, distortion or corrosion, pay special attention to the handle and rope entry points.
- ✓ The entry guide has not been grooved or excessively worn by the abrasion of the lifeline.
- ✓ All rivets and screws are secure. Do not attempt to tighten or loosen.
- ✓ All labels are present and legible.
- ✓ The device must retract the cable smoothly.
- ✓ The brake must engage and lock, to prevent further payout of lifeline.
- ✓ The cable must be free of wear, kinking, corrosion, frayed strands,
- ✓ The core of the cable must never be exposed through the outer sheath.

2. Annual Inspections:

- ✓ A competent person will complete annual inspections of all self-retractable lifelines.
- ✓ This device must be serviced every 12 months.
- ✓ All self-retractable lifelines must be stored properly to protect from damage.