



## CONSTRUCTION SAFETY ASSOCIATION OF MANITOBA

### TABLE OF CONTENTS

#### PAGE 1

Registration is now open to attend the first annual ***“THE SAFETYS a celebration of workplace safety”***

#### PAGE 2

Register today for the CSAM Classic - offering our members a Funnier Golf Game - on August 15, 2017

#### PAGE 3

***“Quicker access, better survivability”***: EMS reminding rural Manitobans about importance of AEDs

#### PAGE 4

Three stages of Heat Stress and how to treat them

#### PAGE 5

Reward a Safety Champion in your workplace with the Construction Safety Association of Manitoba

#### PAGE 7

Worker fired for breaching policy, not over drug problem, Supreme Court ruled

#### PAGE 9

Mark your calendars for upcoming events with CSAM

## CSAM NEWS

### Registration is now open to attend the first annual ***“THE SAFETYS a celebration of workplace safety.”***

THE SAFETYS is a brand-new gala event to celebrate Manitobans who are committed to making our workplaces healthier and safer and eight organizations have partnered to present several safety and health awards at this one signature event.

The Canadian Society of Safety Engineers MB (NAOSH Awards), SAFE Work Manitoba, The Construction Safety Association of Manitoba, The Manitoba Farm Safety Program, Made Safe – Manufacturing, Manitoba Heavy Construction Association WORKSAFELY, The Motor Vehicle Safety Association of Manitoba, and RPM Trucking Industry Safety all invite you to be a part of this dynamic evening of food, fun, and inspiring stories about the positive impact our award winners are having on our communities.

THE SAFETYS is on Wednesday September 27, at the Victoria Inn on 1808 Wellington avenue in Winnipeg. Awards will be presented to individuals, groups, safety and health committees, and workplaces for their achievements in occupational health and safety.

Attending THE SAFETYS is a valuable opportunity to show your support for a strong culture of safety and health at your workplace, in your industry and in the community.

Registration and sponsorship opportunities for THE SAFETYS is available at [www.thesafetys.ca](http://www.thesafetys.ca). Don't delay, secure your spot today!



Practical Solutions for a Funnier Golf Game

**CSAM CLASSIC 2017**

**AUGUST 15, 2017**

**BRIDGES GOLF COURSE | STARBUCK, MB**  
SHOTGUN START TIME: **10 A.M.** FEE: **\$160<sup>+GST</sup> per player**

## REGISTRATION FORM

Company Name: \_\_\_\_\_ Your Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Players Names and T-Shirt Sizes (please circle):

1) \_\_\_\_\_  
Men's - S M L XL 2XL 3XL Women's - XS S M L XL

2) \_\_\_\_\_  
Men's - S M L XL 2XL 3XL Women's - XS S M L XL

3) \_\_\_\_\_  
Men's - S M L XL 2XL 3XL Women's - XS S M L XL

4) \_\_\_\_\_  
Men's - S M L XL 2XL 3XL Women's - XS S M L XL

## PAYMENT

☐ VISA/MC: \_\_\_\_\_

Exp. \_\_\_\_\_

☐ Please invoice my company (CSAM Members only)

☐ YES, my company will sponsor a hole for \$250 \_\_\_\_\_

signature

Submit the completed Registration Form to us by fax at 204-779-3505 or email at [golf@constructionsafety.ca](mailto:golf@constructionsafety.ca).

If you do not receive confirmation or receipt within two (2) business days, please contact our office at 204-775-3171.

**SAVE TIME AND REGISTER ONLINE AT [CONSTRUCTIONSAFETY.CA/CSAMCLASSIC](http://CONSTRUCTIONSAFETY.CA/CSAMCLASSIC)**

Construction Safety Association of Manitoba  
[WWW.CONSTRUCTIONSAFETY.CA](http://WWW.CONSTRUCTIONSAFETY.CA)

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1447 Waverley St., Winnipeg, MB R3T 0P7  
950 10th St., Brandon, MB R7A 6B5

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P: 204-728-3456



## **‘Quicker access, better survivability:’ EMS reminding rural Manitobans about importance of AEDs**

*Published by Global News Winnipeg*

With cuts coming to rural Manitoba’s Emergency Medical Service stations, emergency responders are urging the importance of a tool that could save a life.

An Automated External Defibrillator, or an AED, could mean the difference between life and death.

Last month, the province announced it would be shutting down 18 different EMS stations in rural Manitoba. This has left some emergency responders fearful of what’s to come to those who need their help in rural parts of the province.

“In rural Manitoba it’s not out of the norm to have an hour or greater response times. So, you need that AED to save that person’s life,” Alex Forrest with the United Firefighters of Winnipeg said.

Forrest said it’s important for rural families to start considering the importance of an AED nearby at a community centre, or even at home.

The little box like device can be bought in an emergency supplies store. It can be used to send a shock to someone’s heart to try and restore it to normal rhythm in the event of a heart attack.

“[It Could] ensure that person is going to be alive for when the paramedics arrive,” Forrest said.

He said with the cuts coming to rural Manitoba EMS, that could mean doubling wait times. This is why he’s emphasizing the importance of the AED in helping while someone waits for a professional to arrive.

Kelcey French is a Rural Paramedic and he said he worries for the rural communities that will be cut from quick access to emergency services.

“I think as a starting point an easily accessible AED, at least one in every community, would be a good start,” French said.

French said the closer a defibrillator is to a patient, and therefore the faster you use it, the better the person’s chance of survival.

While an AED costs anywhere between \$1,500 to \$2,000 and may not be feasible to buy for a home, he reminds people to speak to their city councillors and community representatives to make sure one is at least near by in a public place.





# Three stages of Heat Stress and how to treat them

*Published by OHS Canada*

During a heat wave, workers who stay outdoors for long periods of time during the day run the risk of succumbing to heat-related illnesses. Recognizing the signs and symptoms of heat-related illnesses is important in ensuring your workers' safety. St. John Ambulance offers the following guidelines for administering first aid for people suffering from heat stress.

## **Heat cramps**

Painful muscle cramps primarily in the legs and abdomen and excessive sweating. This is usually caused by losing too much water and salt through sweating; usually, this is related to excessive physical activity in hot weather. They are not serious and can be reversed with some basic first aid.

### *First aid*

*Ensure the person is put at rest in a cool place and given as much water as possible in small amounts, so as not to cause nausea. If the cramps do not subside, seek medical help.*

## **Heat exhaustion**

More serious than heat cramps, the symptoms include: excessive sweating, dilated pupils, complaints of dizziness, blurred vision, headaches and cramps. The casualty may also have cool, clammy skin, a weak rapid pulse, rapid shallow breathing or vomiting and may go unconscious.

### *First aid*

*Give the casualty water to drink, as much as they will take. If they vomit, do not give them anything by mouth and seek medical attention right away. Place them at rest in the shock position in a cool place, remove any excessive clothing and loosen clothing around the neck and waist. If they go unconscious, put them in the recovery position and get medical help; continue monitoring their condition.*

## **Heatstroke (sunstroke)**

This is a life-threatening condition. Without immediate action, heatstroke can result in permanent brain damage or death. If heatstroke is suspected, seek medical attention immediately or call 9-1-1. Symptoms include a rapid and full pulse that gets weaker and harder to feel in later stages, noisy breathing, flushed skin, hot and dry skin or hot and sweaty skin (when heatstroke is related to exertion), restlessness, headache, fatigue, dizziness, nausea, vomiting, convulsions and, eventually, unconsciousness.

### *First aid*

*Call for medical assistance. It is critical that the body temperature is lowered as quickly as possible; cover them with a wet sheet and fan them, immerse them in cool (not cold) water (watch them closely for any changes) or sponge them with cool water, particularly in the armpits, neck and groin.*



# Reward a Safety Champion in your Workplace

The Construction Safety Association of Manitoba will be awarding one individual's dedication and outstanding contribution to health and safety in the construction industry of Manitoba.

If you know someone who demonstrates a commitment to safety in the workplace, acts as an advocate to fellow workers and is employed with a member company of the Construction Safety Association of Manitoba, then we want to hear from you!

Simply download the application form at **[constructionssafety.ca](http://constructionssafety.ca)** and submit the completed form, with supporting documentation, by **August 31, 2017**.





# Safety Construction Orientation Training

## THE SAFETY PASS

Safety Construction Orientation Training (SCOT) - THE SAFETY PASS is an interactive, online-training course composed of 13 modules, each focused on a different fundamental aspect of construction site safety. THE SAFETY PASS is an excellent orientation program for any personnel entering a construction site.

THE SAFETY PASS is convenient, easy-to-use, easy-to-understand, and is interactive and accessible 24/7. Upon completion of the online training, participants will be able to print off a certificate and will also be sent a hard hat decal.

The program provides the basics in construction safety and requires 100% mastery of 13 modules which take approximately two to four hours to complete.

- Workplace Law
- Workplace Hazards
- Managing Worksite Conditions and Equipment
- Personal Physical Care and Conduct
- WHMIS
- Powered Mobile Equipment
- Ladder and Scaffold Safety
- Fall Protection
- Environmental Safety
- Excavating and Trenching
- Defensive Driving
- Personal Protective Equipment
- Emergency Response



Visit [www.constructionsafety.ca](http://www.constructionsafety.ca) for more information or call the Construction Safety Association of Manitoba office at (204) 775-3171.





# Worker fired for breaching policy, not over drug problem, Supreme Court rules

*Published by Occupational Safety*

The Supreme Court of Canada has dismissed an appeal in a case involving an Alberta worker who was fired by a mining company after testing positive for drug use.

In an 8-1 ruling, the court says the Alberta Human Rights Tribunal was right to conclude that the man was fired for breaching the company's drug policy, not because of his addiction.

The policy, which includes support for treatment, requires employees to disclose any dependence or addiction issues before any drug-related incident occurs.

Chief Justice Beverley McLachlin says while the employee may have been in denial about his addiction, he knew he should not take drugs before work and had the capacity to disclose his drug use to his employer.

In a dissenting opinion, Justice Clement Gascon said the employee, Ian Stewart, was terminated for giving in to his drug dependence and did not receive reasonable accommodation from the company.

The tribunal found that while the complainant's drug addiction was a disability protected under the legislation, there had been no discrimination, a finding that was upheld by lower courts.

"The Alberta Human Rights Tribunal held that Mr. Stewart was not terminated because of his addiction, but for breaching the policy, which required him to disclose his addiction or dependency before an accident occurred to avoid termination," McLachlin wrote.

She said she saw no reason to interfere with that finding.

"The tribunal's decision that prima facie discrimination was not established was reasonable," she wrote. "It is therefore unnecessary to consider whether Mr. Stewart was reasonably accommodated."





# National Construction Safety Officer (NCSO™) Designation!

An NCSO™ understands basic regulatory requirement and how they apply to a construction site, allowing workers, the public and the environment to function safely together.

An NCSO™ is recognized province to province through the provincial Construction Safety Associations (CFCSA).

An NCSO™ is a valuable resource in the administration and implementation of a company's Health & Safety Program.

An NCSO™ is eligible to challenge the CCA's Construction Safety Coordinator Gold Seal Exam with 5 years experience.

For more information, contact us at

**204.775.3171 | [ncso@constructionsafety.ca](mailto:ncso@constructionsafety.ca)**

*Offered by*



**[www.constructionsafety.ca](http://www.constructionsafety.ca)**



## NEWS

# Mark your calendars for upcoming events with CSAM

The Construction Safety Association of Manitoba invites you to mark your calendars and save the date for these upcoming events, initiates and training dates:

### ENVIRONMENTAL SAFETY IN CONSTRUCTION

The Construction Safety Association of Manitoba is pleased to introduce Environmental Safety in Construction - a one-day course that's structured around growing environmental safety issues in and solutions for the construction industry.

*\*Due to an overwhelmingly high response in registrants, we've asked individuals to add their names to the waitlist for the next available course date(s). To add your name to the list, contact us at [safety@constructionsafety.ca](mailto:safety@constructionsafety.ca).*

### CSAM CLASSIC - August 15, 2017

The Construction Safety Association of Manitoba's signature industry-based golf tournament offers our members a funner golf game.

This tournament famously sells out every year so act fast - get your team together and register at [constructionsafety.ca/csamclassic](http://constructionsafety.ca/csamclassic). And if you're flying solo, we've got you covered - simply register as an individual player and we'll pair you with another team.

### REWARD A SAFETY CHAMPION IN YOUR WORKPLACE - August 31, 2017

The Construction Safety Association of Manitoba will be awarding one individual's dedication and outstanding contribution to health and safety in the construction industry of Manitoba.

If you know someone who demonstrates a commitment to safety in the workplace, acts as an advocate to fellow workers and is employed with a member company of CSAM, then we want to hear from you! Simply download the application form at [constructionsafety.ca](http://constructionsafety.ca) and submit the completed form, with supporting documentation, by August 31, 2017.



# THE EVOLUTION OF SAFETY

[WWW.CONSTRUCTIONSAFETY.CA](http://WWW.CONSTRUCTIONSAFETY.CA)



*Practical Solutions for a Safer Workplace*

**CONSTRUCTION SAFETY  
ASSOCIATION OF MANITOBA**



**CUSTOMIZED SAFETY PROGRAM**



**COR™/SECOR™ CERTIFICATION**



**CONTACT CSAM TO EVOLVE YOUR SAFETY PROGRAM WITH:**

- ☐ Education & Training courses
- ☐ Safety Conferences
- ☐ Free Consulting Services for Members
- ☐ Toolbox Talks
- ☐ NCSO™ Designation
- ☐ CSAM News
- ☐ On-site training across Manitoba
- ☐ Strategic Planning
- ☐ HSA™ Designation
- ☐ Online Training
- ☐ Westman Association of Safety Professionals (WASP)
- ☐ Membership

**THE MORE STEPS YOU TAKE, THE STRONGER YOUR SAFETY PROGRAM WILL BE.  
CALL US AT 204-775-3171 OR VISIT US AT [CONSTRUCTIONSAFETY.CA](http://CONSTRUCTIONSAFETY.CA) TO TAKE THE FIRST STEP.**

**CONSTRUCTIONSAFETY.CA**





**CONSTRUCTION SAFETY**  
**ASSOCIATION OF MANITOBA**

OUR ASSOCIATION'S MISSION, VISION AND STRATEGIC PLAN IS TO  
**STRENGTHEN THE SAFETY CULTURE IN**  
**MANITOBA'S CONSTRUCTION INDUSTRY**  
WITH PROACTIVE EDUCATION, TRAINING AND CONSULTING THAT  
SUPPORTS SAFE WORK PRACTICES, CAREER DEVELOPMENT  
AND COR™/SECOR™ CERTIFICATION ACROSS THE PROVINCE.

**NO**  
**COMPROMISE**

See what we're all about at  
**[constructionsafety.ca](http://constructionsafety.ca)**

