

REPETITIVE STRAIN INJURY (RSI) AWARENESS DAY

“The ordinary movements that we perform at work – such as gripping, lifting, clicking, twisting, reaching – shouldn’t cause pain but when done repeatedly, awkwardly, and forcefully, can lead to ongoing, and sometimes irreversible, pain.”

- Canadian Centre for Occupational Health & Safety

Join us Thursday, March 1, 2018, for two back-to-back presentations on the tools and resources available to raise awareness, educate workers and prevent Repetitive Strain Injuries in Construction.

8:30 - 10 a.m.

Presentation/demonstration about Exoskeletons from SuitX, presented by Zach Gomez, Director of Sales, SuitX

An educational session of an innovative product that may prevent musculoskeletal injuries of the back, legs and shoulder areas, and reduce muscle fatigue and the risk of injury. Allowing workers to be more productive.

10 a.m. - noon

“Customizing Safety Talks- Essential MSI Management Strategy”, presented by Marnie Courage, Director, Enabling Access Inc.

“Research suggests 10-20 minute safety talks are an effective method for Safety Professionals to communicate their message to construction workers. Marnie Courage, Director of Enabling Access Inc. shares how to customize these sessions to include Situational Awareness and Musculoskeletal Injury Prevention content, and help equip construction companies with the tools to assess and mitigate risk, and reach their work injury management potential.”



Presentations will be held at the Construction Safety Association of Manitoba, located at 1447 Waverley Street, Winnipeg, MB R3T 0P7.

To confirm your attendance, please contact us at safety@constructionsafety.ca or 204-775-3171.

When you RSVP, please specify what session(s) you’ll be attending.

Please note that this event is free of charge and snacks and refreshments will be provided.