

# North American Occupational Safety & Health Week



## WESTMAN NAOSH WEEK LAUNCH

**Monday, May 7, 12:00pm**

**Murray Chevrolet  
1500 Richmond Ave**



**Show off Your NAOSH Week  
Post your Safety Selfie to #bdnnaosh18**



## **NORTH AMERICAN OCCUPATIONAL SAFETY & HEALTH WEEK WESTMAN WORKPLACE EVENT IDEAS**

### **Make Safety a Habit and Get Involved**

This year's theme, "Make Safety a Habit", is a great way for you to be part of this annual, continent-wide event where employers, workers and all partners in occupational safety and health collaborate to promote injury and illness prevention in the workplace.

Showing your commitment to safety and health during NAOSH week, does not need to be complicated or expensive. Although we all know safety and health are important it is easy for the day to day take away our focus. The NAOSH events are meant as a way to revitalize workplace commitment to safety in a fun way.

### **NAOSH Week Awards and Prizes**

Whether your event is private or open to the public, let everyone know what you are doing to celebrate NAOSH Week in 2018. There is a local, Provincial and National website to promote your event on.

Locally the Westman NAOSH Week planning committee is looking to you to tweet about your commitment. Post a Safety Selfie of your workplace event on Twitter and Instagram #bdnnaosh18.

At the end of NAOSH week, one of the Safety Selfie submissions will receive a NAOSH Prize Package.

You can also submit a NAOSH Award Nomination to the Manitoba NAOSH Committee. Annual awards are presented to safety-minded organizations in various categories, including best overall entry, most innovative and best representation of a theme. Stay tuned for more information regarding award submissions. Go to

<https://www.safemanitoba.com/News/Pages/NAOSH-Week.aspx> for more information.

The Provincial and Territory NAOSH Committees can also submit your NAOSH Award Nomination for a national award, the categories are, most innovative, best new entry, best representation of the theme, and best overall.

You can post your event on the national NAOSH website <http://www.naosh.ca/english/>

Just for posting your event on the national NAOSH website you can win NAOSH Week prize package.

There have been many companies (big and small) from Westman that have won Provincial and National NAOSH Awards.

## **Suggested workplace event ideas**

**I Make Safety a Habit board:** The Safety and Health Committee, supervisors and managers, can hand out “*I make safety a habit for....*” sheets to all employees and have them write down who or what they make safety a habit for. The sheets can then be posted on a wall where everyone in the workplace can see them. This area will serve as a daily reminder of why it is so important for your workplace to Make Safety a Habit.

**Safety Scavenger Hunt:** Come up with a list of safety items you want your staff to find. Examples of this can be first aid kits, WHMIS labels, S&H Committee Representative, safety signage and anything else you can think of. Promote the winner in your company newsletter or at a meeting or have some small prizes for the winner(s).

**Safety Bingo:** This is a simple and fun way to promote safety through a group activity. You can use traditional Bingo numbers or you can step it up and use safety information.

**Mental Health Break:** Promoting good mental health in the workplace has many benefits including reduced staff turnover, workplace incidents, absenteeism and presenteeism. Anything that distracts us from our work creates a risk.

**Conduct Training:** Ongoing training is a sign of a safety conscious workplace, so host some training during NAOSH week. This could be any kind of training your staff need from fire extinguisher training to WHMIS.

**Safety Jeopardy game:** at a staff/safety meeting ask workplace specific safety questions in the jeopardy format.

**Safety policy/procedure word hunt:** Send out clues via email specific to safety policies and procedures and have people reply with responses.

**Practice an Emergency Exercise:** Conduct a fire drill or a tabletop exercise on how you would respond different types of emergencies.

**Wear Yellow in Support for Steps for Life:** Pick one day throughout the week to wear yellow shirts in support of Steps for Life, walking for families of workplace strategies.

**Personal Protective Equipment Fashion Show:** Get your staff together and go through the PPE they wear and why. Look at specific tasks they do and how the PPE protects them.

**Employee BBQ:** Who doesn't like food? BBQs are great moral boosters and an easy way to celebrate NAOSH Week.

**CONTEST RULES**  
**NAOSH Week 2018 – Safety Selfie Rules & Regulations**  
Brandon NAOSH Week Committee  
May 6, 2018 thru May 12, 2018

**Eligibility:** The Safety Selfie contest (the “Contest”) is only open to residents of Brandon, Manitoba, who are 16 years or older, at the time of the Contest. Parental Consent is required for entrants under the age of 18.

By entering the Contest, each entrant automatically accepts the rules set out below (the “Contest Rules”), which are subject to change without notice, and automatically releases the Contest Sponsor(s) and any other person or entity associated in any way with the Contest, all of their respective affiliates, subsidiaries, directors, officers, employees, agents and their respective advertising and promotional agencies, from any and all liability arising in connection with the Contest, including, without limitation, the selection of the draw winner and the administration of the Contest.

By entering the Contest, all entrants accept the terms and conditions of the following Contest Rules and agree to be bound by them.

1. The contest begins on Sunday May 6, 2018 at 9:00 am (CDT) and ends on Saturday May 12, 2018 at 12:00 am (CDT). No purchase is necessary to enter the Contest. One entry is allowed per person, per day.

To qualify to enter this Contest Entrants are to capture a Safety Selfie photo of themselves or others and share it on Instagram or Twitter using #bdnnaosh18. The photo must feature the subject(s) wearing Personal Protective Equipment (PPE) or demonstrating workplace safety. Any PPE worn in the captured photos must be featured in the manner regulated by the local safety standards. The Contest Sponsor(s) reserve the right to remove photo submissions that are controversial or do not accurately represent workplace safety. This contest is not endorsed by Twitter or Instagram.

If a Contest Participant has a private Instagram account the photo submission will be accepted through the method of Direct Message.

2. One Contest Participant will be randomly selected as the Contest Winner from all of the Twitter and Instagram submissions. The prize to be presented to the Contest Winner includes: Construction Safety Association of Manitoba short & long-sleeved t-shirts (2 of each), one (1) SAFE Work Manitoba fleece jacket, one (1) \$50 Shoppers Mall gift card. The prize will be awarded directly to the individual or business who submitted the photo.
3. Prize winner will be contacted via the Social Media platform used to submit their entry on Monday May 14, 2018. Prize must be accepted as awarded. In the event that the selected winner does not claim or confirm their intent to claim the prize by May 28, 2018, such prize will be forfeited and an alternative winner will be selected. Prize must be claimed in-person at SAFE Work Manitoba (#1, 457 9 Street; Brandon, MB; R7A 1K2). Prize will not be couriered or sent via Canada Post. Prize must be accepted as awarded. No cash value.
4. Any attempt or suspected attempt to enter more than once per person per day, any use of robotic, automatic, programmed or entry methods not authorized by these Contest Rules, shall be deemed as tampering and will void all of your entries. Contest is void where prohibited by laws.

5. Prize must be accepted as awarded and may not be transferred or exchanged, combined or used in concert with another contest or offer. The Contest Sponsor(s) reserves the right to substitute a prize of at least equal value in the event of unavailability, for whatever reason, of the advertised prize. The prize must be accepted as is.
6. The Contest Sponsor(s) reserves the right to verify if Contest winners satisfy all Contest admissibility criteria. Winners will also be required to correctly answer, unaided, a time-limited, mathematical skill-testing question. The Contest Sponsor's rulings are final and without appeal in all matters related to the promotion and the awarding of prizes.
7. By entering this Contest, entrants consent to the use of their entry, name, city of residence and/or any photograph of or that may be taken in publicity carried out by the Contest Sponsor(s) and their advertising agencies, without further notice or compensation.
8. Odds of winning depend on the number of eligible entries. All entries that are incomplete, illegible, damaged, irregular, that have been submitted through illicit means, or do not conform to or satisfy any condition of the Contest Rules may be disqualified by the Contest Sponsor(s). The Contest Sponsor(s) take no responsibility for lost, delayed, damaged, misdirected or late entries. The Contest Sponsor(s) is not responsible for any errors or omissions in printing or advertising this Contest. All entries become the property of the Contest Sponsor (s) and will not be returned.
9. The Contest Sponsor(s) are collecting personal data about entrants for the purpose of administering this Contest. No further informational or marketing communications will be received by entrants unless entrant provides the Contest Sponsor(s) with explicit permission to do so as indicated on the entry form. Please see the privacy policy of each contest sponsor(s).
10. By entering the Contest, entrants release and hold harmless the Contest Sponsor(s), their advertising and promotional agencies, their affiliates and respective directors, officers, owners, partners, employees, agents, dealers, representatives, successors and assigns from any liability in connection with this Contest or, if declared a winner, the prize. Before being declared a winner, entrants may be required to sign and return, within a stipulated period of time, a declaration of compliance with the Contest Rules and a full liability and publicity Release. By accepting a prize, winners consent to the use of their name, place of residence, voice statements, and photographs or other likenesses for publicity, advertising or informational purposes in any medium or format without further compensation or notice.
11. This Contest will be run in accordance with these Contest Rules, subject to amendment by the Contest Sponsor(s). Contestants must comply with these Contest Rules, and will be deemed to have received and understood the Contest Rules by participation in the Contest. The terms of this Contest, as set out in these Contest Rules, are not subject to amendment or counter-offer, except as set out herein.

Any dispute relating to the Contest (including, without limitation, a dispute as to whether an entrant has complied with all of the Official Rules and Regulations) shall be resolved

by the Contest Sponsor(s) in their sole and absolute discretion. All decisions of the Contest Sponsor(s) shall be final and binding.

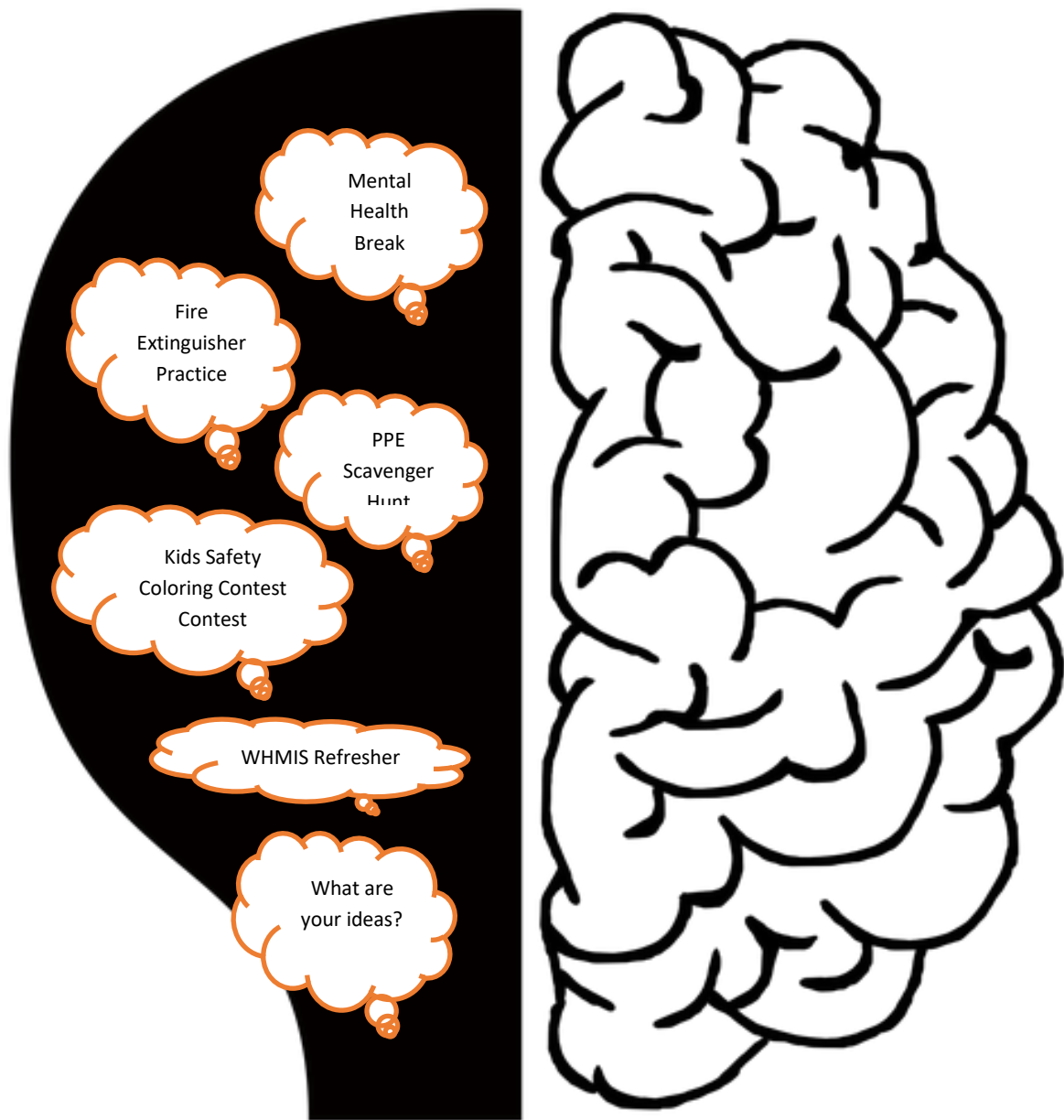
12. (a) The Contest Sponsor(s) assume no responsibility for failure of the internet or the website during the promotional period, for any problems or technical malfunction of any telephone network or lines, computer on-line systems, servers, access providers, computer equipment, software, failure of any e-mail or traffic congestion on the internet or at any website, or any combination thereof including any injury or damage to an entrant's or any other person's computer related to or resulting from playing or downloading any material in the promotion. The Contest Sponsor(s) reserve the right, in their sole discretion; to cancel or suspend the e-mail portion of this Contest should a virus, bug or other cause beyond their reasonable control corrupt the security of proper administration of the Contest. Any attempt to deliberately damage any web site or to undermine the legitimate operation of this promotion is a violation of criminal and civil laws. Should such an attempt be made, the Contest Sponsor(s) reserve the right to seek remedies and damages to the fullest extent permitted by law, including criminal prosecution.

(b) If the identity of an entrant is disputed, the authorized account holder of the e-mail address submitted at the time of entry will be deemed to be the entrant. The individual assigned to the e-mail address for the domain associated with the submitted e-mail address is considered the authorized account holder. A selected entrant may be required to provide proof that he/she is the authorized account holder of the e-mail address associated with the selected entry. All entries must be identified submitted from a valid e-mail account that may be identified by reverse domain name search. The sole determinant of time for the purposes of receipt of a valid entry in the Contest will be the Contest server machine(s).

13. This Contest is void where prohibited by law and is subject to all applicable federal, provincial and municipal laws and regulations.

# North American Occupational Safety and Health Week

## May 6 - 12, 2018



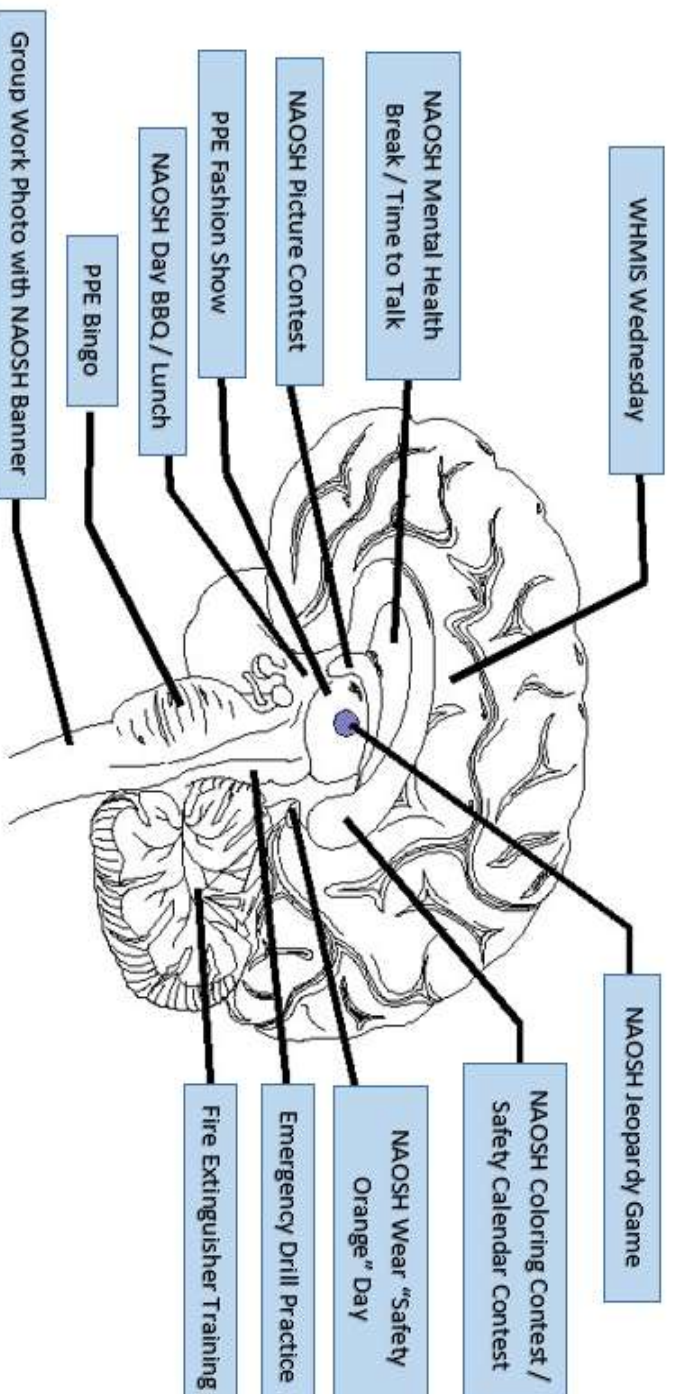
Post your Safety Selfie to:

#bdnnaosh18





# North American Occupational Safety and Health Week May 6 - 12, 2018



*What's in your brain?*

Post your Safety Selfie to  
#bdnnaosh18





# North American Occupational Safety and Health Week

## May 6 - 12, 2018



## Library of NAOSH Ideas

Post your Safety Selfie to  
#bdnnaosh18

