



## Join us at CSAM's new full-day course, **Substance Abuse - What Supervisors Need to know**, on Monday, June 4, 2018

Your Construction Safety Association of Manitoba (CSAM) is offering a new full-day course, ***Substance Abuse - What Supervisors Need to Know***.

Instructed by Joel Gervais, Addictions and Training Specialist with Vital Life Inc. – a proud member of the CBI Health Group, this course is designed to offer leaders in the workplace an overview of the safety concerns associated with substance abuse and mental health in the workplace.

### **By the end of this course, participants will be able to:**

- explore the impact of substance abuse and mental health in the workplace;
- identify common drugs of abuse;
- identify the link between mental health and substance abuse;
- identify possible signs of a problem in the workplace;
- explore their roles and responsibilities as it relates to intervention in the workplace;
- identify the consequences of not intervening;
- explore a best practice approach to managing the problem in the workplace;
- identify resources in the community to support individuals; and
- practice the approach through practice sessions\*

### **\* This course is considered a skill-based course**

The *Substance Abuse – What Supervisors Need to Know* course will take place in the Confederation Room of the Construction Safety Association of Manitoba, located at 1447 Waverley Street, Winnipeg, MB, from 8:30 a.m. - 4 p.m.

**The registration fee for this course is \$60 for Members, \$85 for Associate Members and \$160 for non-members.**

To register for this course, contact us at [safety@constructionsafety.ca](mailto:safety@constructionsafety.ca) or 204-775-3171. Please note that seating for this course is limited.

### **ABOUT JOEL GERVAIS**

Joel Gervais has worked in the private and public sector in the area of mental health and addictions for over 25 years. His experience includes 15 years with the Addictions Foundation of Manitoba (AFM) where he worked as both a Rehabilitation Counsellor and Prevention Education Consultant.

Joel has also worked on several National substance abuse initiatives including 4 years with the Canadian Centre on Substance Abuse (CCSA) where he provided consultation and support to the Canada's National Alcohol and Drug Strategy.

Joel is a nationally recognized speaker and a regular presenter at local and national safety and HR conferences. Joel's education includes a 4 year advanced BA in Psychology as well as graduate work in the area of Family Studies. Joel holds the designation of Internationally Certified Alcohol and Drug Counsellor and is a DOT certified Substance Abuse Professional.