

## Urgent Care vs Emergency

### Urgent care

Go to urgent care under the following conditions:

- Illnesses or injuries that cannot wait for you to see your family doctor fevers, flu symptoms, rashes or infections dehydration
- Cuts that won't stop bleeding.
- Injured limb that might be broken or sprained any other urgent (but not life-threatening) conditions

### Urgent care services locations:

- Seven Oaks Hospital – 2300 McPhillips St.
- Victoria General Hospital – 2340 Pembina Hwy
- Concordia Hospital – 1095 Concordia Ave.

**If you are unsure if you should go to urgent care call, Health Links – Info Santé at 204-788-8200 or toll-free at 1-888-315-9257**

### Emergency department

For serious and life-threatening health concerns, always go to your nearest emergency department (ED) or call 911. EDs are open 24/7 to address serious, life-threatening health emergencies.

Call 911 or go to an ED for the following conditions:

- Stroke/facial weakness/ extremity
- Weakness
- Heart attack/chest pain or tightness
- Unconsciousness or inability to wake
- Sudden onset of severe headache or confusion
- Seizure and/or severe head injury
- major assault such as stabbings or shootings
- severe difficulty breathing or trouble
- speaking uncontrolled or severe bleeding
- major trauma such as loss of limb
- severe allergic reaction
- severe burns

### Emergency services locations:

- Health Science Centre – 820 Sherbrook St.
- St. Boniface Hospital – 409 Tache Ave.
- Grace Hospital – 300 Booth Dr.

**\*Immediately phone 911 for potentially life-threatening conditions\***